

## **About me**

Parents, carers and athletes are invited to share relevant information with the Little Athletics Centre so the volunteers can prepare the environment and put in place modifications to maximise the athlete's experience at Little Athletics. Please return to the Age Manager prior to or after the first session.

Name: Age: Disability or condition: Parent/s name: My strengths are  Ways to communicate with me  Ways to support me  What doesn't work for me  What I might need help with  Athletics modifications I might need (modified hurdles, reduced size or weight of throwing implement)  Additional information I want to share	My details
Disability or condition:  Parent/s name:  My strengths are  Ways to communicate with me  Ways to support me  What doesn't work for me  What I might need help with  Athletics modifications I might need (modified hurdles, reduced size or weight of throwing implement)	Name:
Parent/s name:  My strengths are  Ways to communicate with me  Ways to support me  What doesn't work for me  What I might need help with  Athletics modifications I might need (modified hurdles, reduced size or weight of throwing implement)	Age:
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Ways to communicate with me  Ways to support me  What doesn't work for me  What I might need help with  Athletics modifications I might need (modified hurdles, reduced size or weight of throwing implement)	
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What I might need help with  Athletics modifications I might need (modified hurdles, reduced size or weight of throwing implement)	Ways to support me
What I might need help with  Athletics modifications I might need (modified hurdles, reduced size or weight of throwing implement)	
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