Coles Little Athletics Australia

Guide to Improve Centre Accessibility

Little Athletics Australia

Use this guide to review and update your Centre's accessibility.

It can be completed annually or for a specific need such as a grant application, conversation with Council or to support an athlete.

Focus area	Actions	Achieved	Needs more
Welcome			
Follow a procedure to welcome new members			
Check in to ensure new members feel welcome			
Understand your members			
Does your Centre have easy to find signage			
(toilets, canteen, exit) using a word and picture			
Does your Centre provide information to athletes,			
parents and spectators verbally and visually			
Cultivate a safe and welcoming culture			
Does your Centre have designated accessible			
parking close to the field or close to the access			
points for people with a disability			
Are the accessible car spaces sign posted and			
clearly identified			
Is the access to and throughout your Centre wide,			
flat and smooth (including athletes moving			
between events on the track and field)			
Do the indoor sections of your Centre have a non-			
slip floor surface or carpet with firm low pile of			
6mm or less			
Where obstacles exist (stairs, slopes) does your			
Centre provide alternate access routes to the field			
Do all steps have handrails			
Do all step edges have a contrasting strip			
Are all areas well lit			
Does your Centre offer a payment plan to families			
in need or a family discount to families with			
multiple athletes?			
Implement ways to prevent and respond to			
discrimination			
Does your Centre have designated wheelchair			
accessible toilets			
Does your Centre have wide self-opening or easy			
to open doors			
Does your Centre have lever style door handles at			
an accessible height			

Does your Centre have clear space between		
furniture for a person to move using a mobility aid		
(wheelchair, walking frame, stick, crutches)		
Does your Centre have accessible emergency exits		
Does your Centre have wheelchair accessible		
seating at every meet and is someone responsible		
for checking this each meet		
Does your Centre promote a culture that does not		
tolerate any discrimination, bullying, racial or		
religious vilification, sexual harassment or		
victimisation		
Do all members and volunteers know how to		
report any discrimination, bullying, racial or		
religious vilification, sexual harassment or		
victimisation		
Are all committee members confident to manage		
a report of discrimination, bullying, racial or		
religious vilification, sexual harassment or		
victimisation		
Factor links with very least as a server it.		
Foster links with your local community		
Are your Centre's promotional strategies inclusive		
Are your Centre's promotional strategies inclusive		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats)		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local community		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local community Reflect		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local community Reflect Does your committee reflect the diversity of your	Play by the Rules	
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local community Reflect Does your committee reflect the diversity of your community	Play by the Rules Special Olympics	
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local community Reflect Does your committee reflect the diversity of your community Have committee members, officials, coaches or		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local community Reflect Does your committee reflect the diversity of your community Have committee members, officials, coaches or		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local community Reflect Does your committee reflect the diversity of your community Have committee members, officials, coaches or volunteers completed inclusion training		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local community Reflect Does your committee reflect the diversity of your community Have committee members, officials, coaches or volunteers completed inclusion training Do you have a committee member in charge of		
Are your Centre's promotional strategies inclusive (accessibility and fairness for athletes with disability using different formats) Do you attend community events celebrated in your area Do you celebrate or recognise national events at your Centre in partnership with the local community Reflect Does your committee reflect the diversity of your community Have committee members, officials, coaches or volunteers completed inclusion training Do you have a committee member in charge of diversity and inclusion		

For more information, see our website.

